

INFORMATION ON COVID-19

Last update: 2/25/2020

**Questions? Call the
Information Hotline**

Phone: (402) 444-3400
Monday-Friday
8:30-4:30

If you have returned from an area affected by the Coronavirus Disease 2019 (COVID-19) outbreak in the last 14 days, it is recommended that you self-isolate, practice social distancing, and be actively monitored for the onset of symptoms related to COVID-19.

Please contact Three Rivers Public Health Department for guidance and next steps at 402-727-5396 or 866-727-5396.

If you have visited an area with active COVID-19 cases in the past 2 weeks, please complete this [survey](#) or copy this link into your browser:

<https://cip-dhhs.ne.gov/redcap/surveys/?s=JKHEPR4DPR>

Three Rivers is committed to its community and encourages community members to take the following precautions against communicable disease:

- Wash your hands often with soap and water for 20 seconds.
- Use an alcohol-based hand sanitizer if you can't wash your hands
- Clean and disinfect frequently-touched objects/surfaces
- Cover your nose and mouth with your elbow or a tissue when coughing or sneezing.
- Avoid touching your eyes, nose, and mouth
- Avoid contact with people who are sick
- Stay home and away from others when you are sick
- Be sure to get your influenza vaccine

For the latest news on COVID-19, visit

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>